

Dr. Tom Komperda, PT, DPT, COMT  
Physical Therapist  
Certified Manual Therapist  
Certified Dry Needling

Location:

**TITLE: THE ESSENTIAL ROLE OF MYOFUNCTIONAL AND PHYSICAL THERAPY IN SUCCESSFUL ORTHODONTIC OUTCOMES**

**Description:** Tom Komperda is a Doctor of Physical Therapy (DPT). Dr. Komperda will provide a lecture to help draw the parallels between positive orthodontic treatment outcomes and Physical Therapy (PT). The benefits of PT also extend to the practitioner as well.

**Outcomes:** Attendees will learn the following

- PT methodology
  - Diagnosis
  - Arthrokinematics
    - Manual Therapy
  - Myofascial/Nervous System
    - Dry Needling
    - Cold Laser
  - Neuromuscular Re-education
- How PT can benefit Dental/Orthodontic outcomes
  - Posture/Ergonomics
  - TMD
  - Tolerance treatment chair
- Identifying appropriate referrals to a PT
- Quick cervical screen

**Background of Speaker:** Dr. Tom Komperda earned his Bachelor of Science in Kinesiology with high honors from the University of Illinois in 2013 and his Doctor of Physical Therapy (DPT) degree from Rosalind Franklin University of Medicine and Science in 2016. He later completed his Certification in Orthopedic Manual Therapy (COMT) through the Manual Therapy Institute in 2021.

With over ten years of experience in outpatient physical therapy, Dr. Komperda specializes in orthopedic rehabilitation, manual therapy, dry needling, and sports medicine. His clinical approach is rooted in evidence-based care, emphasizing movement quality, individualized exercise progressions, manual therapy, and patient education to promote optimal recovery and long-term independence.

**Conflict of Commercial or Promotional Interests - None**