- I. Requirements to be an IAO Certified Instructor
  - A. IAO Bylaws regarding
- II. Gathering the puzzle pieces of becoming a Certified Instructor
  - A. CE
- 1. At least 500 of approved CE Credits with at least 275 hours being orthodontically related
- B. Credentialing
  - 1. Conflict of Interests
  - 2. Other lectures presented or shared
  - 3. Doctoral and Post-Doc Credentials
  - 4. National Approval Standards
  - 5. Published Articles
  - 6. Professional Affiliations and Memberships
  - 7. IAO Diplomate Status
  - 8. Other Accomplishments
- C. Oral Presentation on Lecture Series to IAO Education Committee
  - 1. General Overview
  - 2. Some Specifics &/or Samples
- D. Creating the Operating Manual for a Basic Orthodontic Course Series
- III. Creating a Lecture or Lecture Series
  - A. Mission Statement
  - B. General Overview
    - 1. Timing
    - 2. Content
    - 3. Goals

- C. Course Synopsis
- D. Tracking

# Clinical Case Presentation as an Example

IV. Creating the Operating Manual for your Basic Orthodontic Course Series

#### **SESSION ONE: Records**

- A. Introduction
  - 1. History
  - 2. Cephalometry
  - 3. Functional Jaw Orthopedics
  - 4. Fixed Appliance Therapy
  - 5. Braces
  - 6. Retention
- **B.** Vital Statistics
  - 1. Medical History
  - 2. Dental History
  - 3. Preliminary Orthodontic Exam
  - 4. Age
  - 5. Genetic Links
  - 6. Environment
  - 7. Gender
- C. Dental Examination
  - 1. Occlusal Classification
  - 2. Gnathic Balance

- 3. Arch Crowding
- 4. Rotations and Displacements
- 5. Ectopic Eruptions
- 6. Tooth Mass Discrepancies
- 7. Transverse Analysis
- 8. Space Loss
- 9. Alveolar Discrepancies
- 10. Ankylosed Teeth

#### D. Soft Tissue Evaluation

- 1. Asymmetries
- 2. Facial Proportions Vertically
- 3. Facial Proportions Horizontally
- 4. Frontal View Facial Proportions
- 5. Lip Support
- 6. Divergences
- 7. Periodontal Compromises
- 8. Airway Compromises
- 9. Myofunctional Problems and Habits
- 10. Genetic Aberrances

#### E. TMJ Evaluation

- 1. Neurologic
- 2. Muscles of Mastication
- 3. Range of Motion
- 4. Deviations
- 5. Auscultation

- 6. Derangements
- 7. Interferences
- 8. Wear

## F. Study Model Analysis

- 1. Preparation of Patient
- 2. Objectives
- 3. Interpretation

#### G. Photos

- 1. Camera Mechanics
- 2. Photo Series Selection
- 3. Follow-up Photos
- 4. Storage

### **SESSION TWO: Radiographic Records**

- A. Full Mouth vs Panographic
  - 1. Objectives
  - 2. Anatomy
  - 3. Standardize Settings
  - 4. Progress Reports
  - 5. Comparative Studies
- B. Lateral Head Plate Radiograph
  - 1. Objectives
  - 2. Anatomy and Cephalometric Analysis
  - 3. Standardize Settings
  - 4. Progress Reports

- 5. Comparative Studies
- C. TMJ Radiography
  - 1. Objectives
  - 2. Anatomy and Cephalometric Analysis
  - 3. Standardize Settings
  - 4. Progress Reports
  - 5. Comparative Studies
  - 6. Types
    - a. Transcranial
    - b. Tomograms
    - c. MRI
- D. Diagnosis and Treatment Planning
  - 1. Problem List
  - 2. Prioritization
  - 3. Distillation
  - 4. Time Factor
  - 5. Cost
  - 6. Compromises
  - 7. Retention

#### **SESSION THREE: Functional Jaw Orthopedics**

- A. Functional Introductions
  - 1. Treatment Objectives and Choices
  - 2. Impression Techniques

- 3. Bite Techniques4. Advantages
- 5. Disadvantages
- 6. Limitations
- 7. Motivation
- B. Types
  - 1. Intra-arch Appliances- Fixed &/or Removable- AP Corrections
    - a. Types
      - Impression Techniques
      - Bite Techniques
      - Advantages
      - Disadvantages
      - Limitations
  - 2. Transverse Appliances- Fixed &/or Removable
    - a. Types
      - Impression Techniques
      - Bite Techniques
      - Advantages
      - Disadvantages
      - Limitations
  - 3. Inter-arch Appliances- Fixed &/or Removable
    - a. Types
      - Impression Techniques
      - Bite Techniques

- Advantages
- Disadvantages
- Limitations
- 4. Vertical Corrections- Fixed &/or Removable
  - a. Types
    - Impression Techniques
    - Bite Techniques
    - Advantages
    - Disadvantages
    - Limitations
- 5. Combination Treatments- Fixed&/or Removable
  - a. Types
    - Impression Techniques
    - Bite Techniques
    - Advantages
    - Disadvantages
    - Limitations
- C. Clinical Management of Functional Treatments
  - 1. Compliance Issues
  - 2. Scheduling
  - 3. Adjustments
  - 4. Breakage
  - 5. Problem-solving
  - 6. Lab Communications
- D. Myofunctional Concerns

- 1. Tongue Thrusting
- 2. Thumbsucking
- 3. Airway Management
- 4. Other Habits

#### **SESSION FOUR: BRACES**

- A. Banding
  - 1. Separators
  - 2. Fitting the Bands
    - a. Molars
    - b. Bicuspids
  - 3. Cementation
  - 4. Auxiliary Anchorage Support
- B. Bracket Selection
  - 1. What Type?
  - 2. Direct Bonding Techniques
    - a. Prepping the Patient
    - b. Etching
    - c. Primer
    - d. Adhesive
    - e. Bracket Positioning
  - 3. Indirect Bonding Techniques
- C. Wire Placement
  - 1. Wire Prescription
  - 2. Ligation

- D. Care and Maintenance
- E. Follow-up and Wire Sequencing
- F. Finishing Mechanics
- G. Retention and Tracking
- H. Final Records

# Clinical Case Presentation as an Example

- V. Creating a Study Club
  - A. Establishing your core leadership
    - 1. If you go it alone you will struggle
      - a. President
      - b. Vice-President
      - c. Secretary
      - d. Treasurer
      - e. Videographer
    - 2. Marketing strategies for establishing a study club
    - 3. Board Meetings
    - 4. Bylaws
  - B. Potpourri or Regimented Style
    - 1. Initially a regimented series is recommended with a Mentor for the series
    - 2. Guest Speakers
    - 3. Assistant courses
  - C. Times and Dates
    - 1. Best day(s) for meeting

- 2. Preferred times
- 3. Transportation arrangements for speakers
- 4. How many meetings/year
- D. Selecting a location
  - 1. Motel vs convention center
  - 2. Catering vs onsite
  - 3. Transport
  - 4. Prices
  - 5. Conveniences
  - 6. Room Arrangements
  - 7. AV Needs
  - 8. Menu
    - a. Special Diet needs
  - 9. Refreshments
  - 10. Reservations
  - 11. What's the bottom line
  - 12. Contracts
  - 13. After hours entertainment
- E. Selecting a Speaker(s) for your study club
  - 1. Scheduling and Planning ahead
  - 2. Honorarium
  - 3. Travel
  - 4. Room and Board
  - 5. Transport to and fro
  - 6. Time/Date/Location

- 7. Contact numbers for speaker
- 8. Copy Service for Handouts
- 9. Location of Meeting
- 10. AV Needs
- 11. Room Arrangements and Special Needs
- 12. Video-Recording Policy
- 13. Confirmation Letters
- 14. Follow up
- 15. Exiting
- F. Establishing a budget- Expenses
  - 1. Honorarium
  - 2. Travel
  - 3. Accommodations
  - 4. Meeting Room costs
  - 5. Microphone
  - 6. Projectors
  - 7. Screens
  - 8. Laser Pointer
  - 9. Overhead Projector
  - 10. White Board with Pens
  - 11. Flip Charts/ Easel
  - 12. TV Monitors
  - 13. DVD
  - 14. Special AV Needs
  - 15. Special Needs

- 16. Group Meals
- 17. Refreshments
- 18. Handouts
- 19. Printing Costs for Flyers
- 20. Postage

#### G. Optional Purchases

- 1. Video-Recorder
- 2. HDMI Cable
- 3. TV Monitors
- 4. Laser Pointer
- 5. Digital Clicker for slide advancement
- 7. Costs

#### H. Budgeting—Revenue

- 1. Tuition for the course
- 2. Tuition for study club non-attendees
- 3. Tuition for the new-comer
- 4. Tuition to reinstall
- 5. Delinquent Accounts
- 6. Budgeting to grow revenue 10-15% each meeting
- 7. Attrition of the group
- 8. Acceleration lane arrangements to bring new members in

#### I. Bylaws

1. Definitions and Purpose

#### 2. Membership

- a. Limitation of Membership
- b. Termination of Membership
- c. Membership Forced Dismissal
- 3. Officers and Terms of Office
- 4. Proctor of the Study Club
  - a. Proctor Responsibility
  - b. Resignation of Incapacitation of Proctor
- 5. Meetings
- 6. Dues, Finances, and Assessments
- 7. Duties of Officers
- 8. Disbanding and Sharing Assets of Study Club
- 9. Amendments
- J. Marketing Strategies
  - 1. General Mailings
  - 2. Word of Mouth
  - 3. Word of Friend
  - 4. Emailing
  - 5. Creating Flyers
  - 6. Promotions
  - 7. Special offers
- K. CE Records/ State & National Approval
  - 1. Name of Study Club
  - 2. Contact Person

- 3. Location of Study Club
- 4. Listing of Courses
- 5. Listing of Future Courses
- 6. Listing of Officers and Board Members
- 7. Fiscal Responsibility
- 8. Goals
- 9. Needs Assessment
- 10. Objectives
- 11. Admissions
- 12. Patient Protection
  - a. Hands-on
  - b. Lecture
  - c. Patient participation
- 13. Instructor CV
- 14. Publicity
- 15. Evaluation
- 16. Course Records
- 17. Commercial or Promotional Conflict of Interest
- 18. Flyer Notifications and Provisions
- VI. Polishing your Presentations
  - A. The Educator vs. the Showman
  - B. Content
  - C. Hands on
  - D. Clinical Application
  - E. Breaks

- F. AV
- G. Audio
- H. Worksheets
- I. Participation and Interaction

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